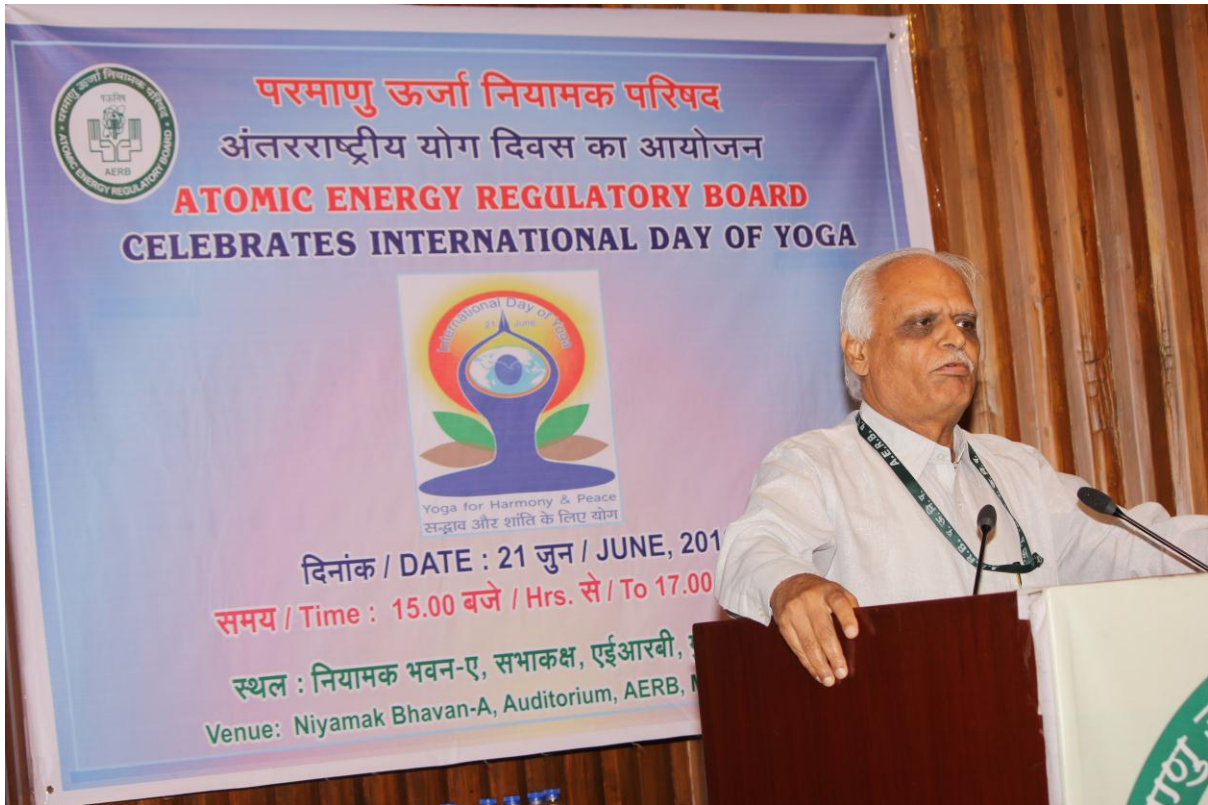


## International Yoga Day celebrated at AERB on June 21, 2018

Atomic Energy Regulatory Board (AERB) celebrated International Day of Yoga on June 21, 2018 at Niyamak Bhavan-A, Auditorium, Anushaktinagar, Mumbai. In order to commemorate the occasion, a talk on "Pragya YOGA for Stress Management" along with practices / exercises by Shri Jateen Dave, Yoga Expert was arranged at AERB. It was an opportunity to get relieved of work induced /related stresses at work place. Shri Dave explained Yoga for self-acceptance and self-discovery towards healthy living in the global village.



Shri Jateen Dave, Yoga Expert addressing the gathering on the international yoga day at AERB



Chairman, AERB addressing the gathering on the international yoga day at AERB



Executive Director, AERB addressing the gathering on the international yoga day at AERB



Yoga practices by AERB employees on the international yoga day at AERB



AERB employees on the international yoga day celebration at AERB